

The philosophy of the art of living asks the age-old question of orienting one's own life: 'How can I live well?' An art of living is always called for when people do not know what to do and how to go on, when the ways of life are no longer self-evident, when traditions, conventions, rules, and norms lose their plausibility and individuals begin to worry about themselves. The art of living and of its philosophy has a practical aim: It is not concerned with ethical principles, but with the concrete practice of people's everyday life, with their individual and successful lives. Friedrich Nietzsche, as he often did, pushed the problem of the art of living to the extreme, making it palpable both in its dignity and in its force. For him, the modern uncertainty of human orientation caused by nihilism pointed to art and aesthetics, which, he supposed, makes life if not justifiable, at least bearable. The arts open up a multi-perspectival seeing and hearing, they experiment with alternative forms and techniques, and create the finest sensibilities for both – Nietzsche himself, with his rich forms of philosophical writing, is an outstanding example of this.

The volume we present here, entails contributions of German-speaking scholars on Nietzsche and the ways of living he proposes, especially, but not alone in *Dawn*. The papers are selected from a book series on the common issue "Critical Art of Living," edited by Günter Gödde, Jörg Zirfas, and others, and translated on behalf of the *Hodges Foundation for Philosophical Orientation*, Nashville, Tennessee.



The *Hodges Foundation for Philosophical Orientation* is based on the philosophy of orientation, as developed by Werner Stegmaier, and it strives to promote, research, and further develop this philosophy in theory and practice in academic and among the general public. Learn more at www.hfpo.com.

Nietzsche on the Art of Living

Günter Gödde, Jörg Zirfas, Reinhard G. Mueller
and Werner Stegmaier (eds.)

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German-Speaking
Nietzsche Research

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